

TRUE COLORS



TRUE COLORS

There are five rows below with four groupings of adjectives in each row. Please look over each grouping of words and rate them using the following system:

4 - the most like you

2 - the third most like you

3 - the second most like you

1 - the least like you

Please repeat this for each row. Remember that there are no “wrong” or “right” answers to this exercise – so feel free to be honest! Good luck and have fun!

Active
Opportunistic
Spontaneous

Parental
Traditional
Responsible

Authentic
Harmonious
Compassionate

Versatile
Competent
Inventive

Competitive
Impetuous
Impactful

Practical
Sensible
Dependable

Unique
Empathetic
Communicative

Curious
Conceptual
Knowledgeable

Realistic
Openminded
Adventuresome

Loyal
Conservative
Organized

Devoted
Warm
Poetic

Theoretical
Seeking
Ingenious

Daring
Impulsive
Fun

Concerned
Procedural
Cooperative

Tender
Inspirational
Dramatic

Determined
Complex
Composed

Exciting
Courageous
Skillful

Orderly
Conventional
Caring

Vivacious
Affectionate
Sympathetic

Philosophical
Principled
Rational

Now total the columns. Your highest score indicates your primary or highest color, the lowest score represents the color that is least like you. Remember, we each have traces of all four colors in our own personal styles!

Total
Orange:_____

Total
Gold:_____

Total
Blue:_____

Total
Green:_____

TRUE COLORS

WAYS TO BUILD ON PERSONAL RELATIONSHIPS

WITH A GREEN:

Recognizing their need for independence. Valuing their abstract thinking. Helping them with day-to-day details. Preserving their privacy to think and to read. Accepting their lack of romantic gestures. Realizing their stress come from the fear of appearing foolish. Allowing them to be self competent. Praising with ingenuity.

WITH AN ORANGE:

Recognizing their need for freedom. Valuing their playfulness. Helping them to think before they act. Spontaneously playing with them. Realizing their stress comes from lack of excitement. Reinforcing their optimism. Praising their skills. Responding to their generosity.

WITH A BLUE:

Making romantic gestures. Having intimate skills. Recognizing their need to contribute. Providing the warm touch and embrace. Reassuring your loving commitment. Expression your feelings. Being open and responsible.

WITH A GOLD:

Caring about their need for security. Doing some reasonable planning. Praising their responsibility actions. Remembering sentimental moments. Acknowledging their stability. Responding to important dates.

TRUE COLORS

ORANGE

I act on a moment's notice

Witty, Charming, Spontaneous

I consider life as a game, here and now

Impulsive, Generous, Impactful

I need fun, variety, stimulation and excitement

Optimistic, Eager, Bold

I value skill, resourcefulness, and courage

Physical, immediate, Fraternal

I am a natural trouble-shooter, a performer, a competitor

AT WORK, I am bored and restless with jobs that are routine and structured and satisfied in careers that allow me independence and freedom, while utilizing my physical coordination and my love of tools. I view a kind of tool as an extension of self. I am a natural performer. Additional work notes: _____

IN LOVE, I seek a relationship with shared activities and interests. With my mate, I like to explore new ways to energize the relationship. As a lover I need to be bold and I thrive on physical contact. I enjoy giving extravagant gifts that bring obvious pleasure to my loved one. Additional love notes: _____

IN CHILDHOOD, of all types of children, I had the most difficult time fitting into academic routine. I learn by doing and experiencing, rather than by listening and reading. I need physical involvement in the learning process and am motivated by my own natural competitive nature and sense of fun. Additional childhood notes: _____

TRUE COLORS

GOLD

I need to follow rules and respect authority

Loyal, Dependable, Prepared

I have a strong sense of what is right & wrong in life

Thorough, Sensible, Punctual

I need to be useful and to belong

Faithful, Stable, Organized

I value home, family and tradition

Caring, Concerned, Concrete

I am a natural preserver, a parent, a helper

AT WORK, I provide stability and can maintain organization. My ability to handle details and to work hard makes me the backbone of many organizations. I believe that work comes before play even if I must work overtime to complete the job.

Additional work notes: _____

IN LOVE, I am serious and tend to have traditional conservative views of both love and marriage. I want a mate who can work along with me, building a secure, predictable life together. I demonstrate love and affection through the practical things I do for my loved ones. Additional love notes: _____

IN CHILDHOOD, I wanted to follow the rules and regulations of the school. I understood and respected authority and was comfortable with academic routine. I was the easiest of all types of children to adapt to the educational system. Additional childhood notes: _____

TRUE COLORS

BLUE

I need to feel unique and authentic

Enthusiastic, Sympathetic, Personal

I look for meaning and significance in life

Warm, Communicative, Compassionate

I need to contribute, to encourage and to care

Faithful, Stable, Organized

I value integrity and unity in relationships

Peaceful, Flexible, Imaginative

I am a natural romantic, a poet, a nurturer

AT WORK, I have a strong desire to influence others so that they may lead more significant lives. I often work in the arts, communications, education and helping professions. I am adept at motivating and interacting with others. Additional work notes: _____

IN LOVE, I seek harmonious relationships. I am a true romantic and believe in perfect love that lasts forever. I bring drama, warmth, and empathy to all relationships. I enjoy the symbols of romance such as flowers, candlelight, and music and cherish the small gestures of love. Additional love notes: _____

IN CHILDHOOD, I was extremely imaginative and found it difficult to fit into the structure to school life. I reacted with great sensitivity to discordance or rejection and sought recognition. I responded to encouragement rather than to competition. Additional childhood notes: _____

TRUE COLORS

GREEN

I seek knowledge and understanding

Analytical, Global, Conceptual

I live life by my own standards

Cool Calm, Collected

I need explanations and answers

Inventive, Logical, Perfectionist

I value intelligence, insight, fairness and justice

Abstract, Hypothetical, Investigative

I am a natural non-conformist, a visionary a problem solver

AT WORK, I am conceptual and an independent thinker. For me, work is play. I am drawn to constant challenge in careers, and like to develop models, explore ideas, or build systems to satisfy my need to deal with the innovative. Once I have perfected an idea, I prefer to move on, leaving the project to be maintained and supported by others. Additional work notes: _____

IN LOVE, I prefer to let my head rule my heart. I dislike repetition, so it is at times difficult for me to continuously express feelings. I believe that once feelings are stated they are obvious to a partner. I am uneasy when my emotions control me; I want to establish a relationship, leave it to maintain itself, and turn my energies back to my career. Additional love notes: _____

IN CHILDHOOD, I appear to be older than my years and focused on my greatest interest, achieving in subjects that were mentally stimulating. I was impatient with drill and routine, questioned authority, and found it necessary to respect teachers before I could learn from them. Additional childhood notes: _____

TRUE COLORS

COLORS OF LEADERSHIP: ORANGE PEOPLE

Some of our greatest strengths are:

When we work with others, we need:

Some misperceptions about us are:

To work with us you need to know:

TRUE COLORS

COLORS OF LEADERSHIP: GOLD PEOPLE

Some of our greatest strengths are:

When we work with others, we need:

Some misperceptions about us are:

To work with us you need to know:

TRUE COLORS

COLORS OF LEADERSHIP: BLUE PEOPLE

Some of our greatest strengths are:

When we work with others, we need:

Some misperceptions about us are:

To work with us you need to know:

TRUE COLORS

COLORS OF LEADERSHIP: GREEN PEOPLE

Some of our greatest strengths are:

When we work with others, we need:

Some misperceptions about us are:

To work with us you need to know: