Welcome!
Intro to Youth Leadership
We want to acknowledge that we are on the traditional territory of many Indigenous Nations.

Native Land brings about discussions of colonization, land rights, language, and Indigenous history tied to our personal histories.

Looking at the land from an Indigenous perspective means acknowledging that the land is a living being - this understanding both gives us insight into and increases our awareness of how we treat and interact with the land.

via Native-Land.ca

We invite each of you to share the land you are currently on in the chat.

Our Offices:
Marin - **Me-Wuk (Coast Miwok) Land**
San Francisco & San Mateo - **Muwekma, Ohlone, & Ramaytush Land**
Merced, Madera, & Fresno - **Yokuts Land**
Long Beach - **Tongva (Gabrieleno) Land**
Eastern Coachella Valley - **Cahuilla Land**
Young people – particularly youth of color and their allies – are deeply motivated to address inequities in their communities.

At Youth Leadership Institute, young people realize their power by learning to use their voices to create meaningful change.

Learn more at yli.org.
MEET OUR TEAM

Patty Barahona  
Chief Executive Officer

Yami Rodriguez  
TCS Trainer

Montzerrat Garcia Bedolla  
Southern CA Director

Yante Turner  
Trainer & Consultant

Elaine Aguilar  
Executive Assistant

Kody Stoebig  
Communications Manager

Fátima Ramirez  
Senior Social Media Coordinator
Introductions

- Name
- Pronouns
- Org you're representing
- What is one word your bestie would use to describe you?
Community Agreements

- Take care of yourself
- Mute when you're not speaking
- Embrace the awkwardness
- Be present to listen and learn
- Take space, make space
- Have fun!
Today, we will...

- Learn about the power of youth leadership and advocacy
- Explore the qualities and skills of an effective leader
- Learn about your own leadership style through yli's True Colors leadership assessment
- Explore the leadership styles of your team/group.
Hopes for you...

- To learn aspects of leadership to support youth growing into strong leaders in their community
- To learn about the importance of youth leadership and advocacy
- To learn how to empower youth to remain active in their communities
- To understand the different styles of youth leadership's practices and modules
Elevate Training

Click here to add a post it note

Click here to add an image

Click here to add a text box
Community Builder

WHAT WORDS OR IMAGES COME TO MIND WHEN YOU HEAR THE WORDS YOUTH POWER?

Drop a post it note on the jamboard with your words or images.

The possibilities are endless! Let your creativity shine!
Youth Power Poll

"Youth have all the power they need in society."

AGREE

DISAGREE
Youth Power Poll

"Youth do not have enough life experience to make informed decisions."

AGREE

DISAGREE
Youth Power Poll

"Youth voice is powerful."

AGREE 🤕

DISAGREE 🖕
5 Minute Break
Youth Power & Leadership

Young people bring positive, meaningful change to our communities.

Youth voice is powerful!
Young people...

- have been at the front of every movement for justice and equity
- are experts in their communities
- have creative ideas and solutions
In the early 1990s Karen Pittman, an early advocate for positive youth development, coined the phrase "Problem-free isn't fully prepared".

Pittman led the charge to shift the paradigm in youth work from preventing and "fixing" behavior deficits to building and nurturing "all the beliefs, behaviors, knowledge, attributes, and skills that result in a healthy and productive adolescence and adulthood".

Her approach was supported by resiliency research as well as the emergence of 40 developmental assets identified by Search Institute.
Youth Engagement Continuum

**Intro to Youth Leadership**

<table>
<thead>
<tr>
<th>Role of Youth</th>
<th>Strategy</th>
<th>Youth Services</th>
<th>Youth Development</th>
<th>Leadership Development</th>
<th>Youth Civic Engagement</th>
<th>Youth Organizing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Individual</td>
<td>Actions</td>
<td>Provide services to address individual problems and behaviors</td>
<td>Provide supports and safe spaces</td>
<td>Incorporate youth development AND</td>
<td>Incorporate youth development AND</td>
<td>Incorporate youth development, leadership development, youth civic engagement, AND</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Define programming around treatment, prevention, and basic needs</td>
<td>Foster caring relationships between youth and adults; support youth-adult partnerships</td>
<td>Offer leadership opportunities within the program and organization</td>
<td>Promote political education and awareness</td>
<td>Offer opportunities to serve as core staff and governing body</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Develop talents and assets</td>
<td>Provide opportunities for growth, development, and new roles</td>
<td>Deepen historical and cultural understanding of shared experiences and community issues</td>
<td>Build skills and capacity for identification and analysis of issues and for action around issues</td>
<td>Build a membership base to which youth leaders are accountable</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Provide opportunities for making decisions and solving problems</td>
<td>Build individual competencies</td>
<td>Provide opportunities to participate in community projects</td>
<td>Cultivate build collective identity as agents of social change</td>
<td>Develop campaigns and utilizes tactics—including direct action—to effect systemic change</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Support youth-adult partnerships</td>
<td></td>
<td></td>
<td>Engage in advocacy efforts</td>
<td>Take active roles in alliances and coalitions</td>
</tr>
</tbody>
</table>
"Youth power, the ability for young people to direct influence and authority over their lives and circumstances, is a natural evolution of youth voice. When young people and their adult allies work together, magic happens to move our communities forward."

(via Remake Learning)
Intro to Youth Leadership

The skills and qualities of LEADERS
What makes someone a leader?

**CREATIVITY**
Amanda Gorman

**STRENGTH**
Malala Yousafzai

**COURAGE**
Quannah ChasingHorse
Qualities

- Strategic
- Empathetic
- Courage
- Creative
- Strength
- Energetic
- Optimistic
- Compassionate

Skills

- Writer/poet
- Community organizing
- Artist
- Public speaking
- Organized
- Problem-solving
- Takes action
- Good listener
What are some skills and qualities of Leaders?

*USE THE LINK IN CHAT*
What are some of your Skills & Qualities?

*USE THE LINK IN CHAT*
Youth voice is Powerful

Youth-led policy and advocacy in action looks like youth working in partnership with decision makers to change community conditions (access, messages, policies, social norms) to increase overall health outcomes.
Example: Youth Leadership in Action

"Student Advocates Propose Policy to Implement Restorative Justice"
Example: Youth Leadership in Action

Youth in CA tackle increasing youth voice in mental health access in schools
In 2019, young people in Fresno, CA advocated for the City of Fresno to adopt the "Responsible Neighborhood Market Ordinance."

The policy, which was passed with an unanimous vote, puts a cap on the number of liquor licenses that can be distributed in Fresno.

The policy also established a 1,000 foot perimeter around spaces frequented by youth, like parks, community centers and churches.
youth voice is powerful

in the Jamboard,

Share with us your example of youth leadership in your community.
TRUE COLORS

Finding Your Leadership Style

- Better understand yourself and others
- Promote the appreciation of individual differences and strengths
- Foster self-awareness

(use True Colors pdf for activity)
## TRUE COLORS

There are five rows below with four groupings of adjectives in each row. Please look over each grouping of words and rate them using the following system:

4 - the most like you  
3 - the second most like you  
2 - the third most like you  
1 - the least like you

Please repeat this for each row. Remember that there are no "wrong" or “right" answers to this exercise - so feel free to be honest! Good luck and have fun!

<table>
<thead>
<tr>
<th>Active Opportunistic Spontaneous</th>
<th>Parental Traditional Responsible</th>
<th>Authentic Harmonious Compassionate</th>
<th>Versatile Competent Inventive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Competitive Impetuous Impactful</td>
<td>Practical Sensible Dependable</td>
<td>Unique Empathetic Communicative</td>
<td>Curious Conceptual Knowledgeable</td>
</tr>
<tr>
<td>Realistic Openminded Adventurous</td>
<td>Loyal Conservative Organized</td>
<td>Devoted Warm Poetic</td>
<td>Theoretical Seeking Ingenious</td>
</tr>
<tr>
<td>Daring Impulsive Fun</td>
<td>Concerned Procedural Cooperative</td>
<td>Tender Inspirational Dramatic</td>
<td>Determined Complex Composed</td>
</tr>
<tr>
<td>Exhilarating Courageous Skilled</td>
<td>Orderly Conventional Caring</td>
<td>Vivacious Affectionate Sympathetic</td>
<td>Philosophical Principled Rational</td>
</tr>
</tbody>
</table>

Now total the columns. Your highest score indicates your primary or highest color, the lowest score represents the color that is least like you. Remember, we each have traces of all four colors in our own personal styles!

<table>
<thead>
<tr>
<th>Total Orange</th>
<th>Total Gold</th>
<th>Total Blue</th>
<th>Total Green</th>
</tr>
</thead>
</table>
Intro to Youth Leadership

**Orange**

I act on a moment’s notice
*Witty, Charming, Spontaneous*
I consider life as a game, here and now
*Impulsive, Generous, Impactful*
I need fun, variety, stimulation and excitement
*Optimistic, Eager, Bold*
I value skill, resourcefulness, and courage
*Physical, immediate, Fraternal*
I am a natural trouble-shooter, a performer/competitor

**Blue**

I need to feel unique and authentic
*Enthusiastic, Sympathetic, Personal*
I look for meaning and significance in life
*Warm, Communicative, Compassionate*
I need to contribute, to encourage and to care
*Idealistic, Spiritual, Sincere*
I value integrity and unity in relationships
*Peaceful, Flexible, Imaginative*
I am a natural romantic, a poet, a nurturer

**Gold**

I need to follow rules and respect authority
*Loyal, Dependable, Prepared*
I have a strong sense of what is right & wrong in life
*Thorough, Sensible, Punctual*
I need to be useful and to belong
*Faithful, Stable, Organized*
I value home, family and tradition
*Caring, Concerned, Concrete*
I am a natural preserver, a parent, a helper

**Green**

I seek knowledge and understanding
*Analytical, Global, Conceptual*
I live life by my own standards
*Cool Calm, Collected*
I need explanations and answers
*Inventive, Logical, Perfectionist*
I value intelligence, insight, fairness & justice
*Abstract, Hypothetical, Investigative*
I am a natural non-conformist, a visionary/problem solver
True Colors
Group Activity

Group Questions:

1. What about your color do you most identify with?

2. What is your greatest strength?

IN YOUR GROUPS ... 

• INTRODUCE YOURSELVES AND YOUR LEADERSHIP COLOR

• TAKE TURNS ANSWERING QUESTIONS (START WITH QUESTION 1 AND ONLY MOVE TO QUESTION 2 ONCE EVERYONE HAS ANSWERED QUESTION 1).
Today we ...

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TRAINING EVALUATION:
THANK YOU!